

Winter Defence Pack – Product Information

Immune + Vitamin C + Blackcurrant Immune Support Tablets

This high potency, immune supporting formula provides 1000mg Vitamin C (in two tablets), with Blackcurrant, Black Elderberry and Bilberry, plus Zinc, to help prevent oxidative damage to the body. Blackcurrants are a potent source of anthocyanidins.

Cautions

If you are under medical supervision, please consult a doctor before use. Amounts greater than 1000mg of vitamin C may cause mild stomach upset in sensitive individuals.

Dosage

Suggested intake: Adults: Take 1 tablets 2 times a day. Children over 8: 1 Tablet per day.

Ingredients

Two tablets typically provide:: 1000mg Vitamin C, 5mg Zinc, 50mg Blackcurrant fruit 4:1 extract (min. 2% anthocyanidins), 50mg Bilberry standardised extract (2% anthocyanidins), 80mg Black Elderberry standardised extract (2% total flavanoids). - No added: Sugar, salt, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Fizzy C

Belived to be the first effervescent vitamin C in the UK to be additive and artificial flavouring-free and naturally sweetened with fruit sugar and a little sugar (while some brands contain sodium laurel sulphate and artificial anti-foam agents or aspartame; a synthetic sweetener linked to cancer risk). Fizzy C fizzes excellently in water or juice, without the help of chemicals, and tastes great. If you want extra sweetness add a little xylitol or sugar. Ideal for adults, seniors and children alike - in fact anyone who doesn't like swallowing tablets!

Dosage

Suggested intake: Adults and children over 8 yrs: take 1-2 tablets a day. Children from 3-8 years 1 tablet per day. Add to water or juice. Do not exceed recommended daily intake.

Ingredients

Acidity regulator: citric acid; sodium bicarbonate, sweetener: fructose; ascorbic acid, natural flavour: lemon (with sugar); natural colours: red beet, vitamin B2 5 phosphate sodium. No Added: salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Epicor – Adult

EpiCor is a revolutionary dietary ingredient that is creating an entirely new category of immune health products. It is an all-natural, high-metabolite immunogen that nourishes the body's immune system. There is no other ingredient like EpiCor on the market. Not a herb, vitamin or mushroom, EpiCor is an all natural yeast-based product manufactured through an advanced, multi-stage fermentation and drying process

Cautions

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Keep container tightly closed in a cool, dry and dark place. Keep out of reach of children.

Dosage

Suggested intake: Take 1 capsule daily.

Ingredients

Dried yeast fermentate (EpiCor™) 500mg in gelatin capsule. Contains no added sugar, starch, salt, wheat, gluten, corn, colouring, dairy products, flavouring or preservatives.

Epicor Junior

Product Description: As for EpiCor – Adult

Cautions

As for Epicor - Adult

Dosage

Suggested intake: Age: 8-15 years take 1 - 2 capsules daily. Age: 3-7 years take 1 capsule daily

Ingredients

As for Epicor – Adult