

Foods Tested | Food Group

**Grains**

---

- Barley
- Corn (Maize)
- Gliadin (Gluten)
- Oat
- Rice
- Rye
- Wheat

**Dairy**

---

- Cows Milk

**Meats**

---

- Beef
- Chicken & Turkey
- Lamb
- Pork

**Fish**

---

- Crustacean Mix (Crab, Lobster, Prawn/Shrimp)
- Oily Fish Mix (Herring & Mackerel)
- Salmon & Trout
- Tuna
- White Fish Mix (Cod & Haddock)

Foods Tested | Food Group

**Vegetables**

---

- Carrot
- Cucumber
- Legume Mix (Haricot Bean, Pea, Peanut & Soya Bean)
- Mushroom
- Mustard mix (Broccoli, Brussel Sprouts, Cabbage & Cauliflower)
- Onion
- Peppers (Capsicum) & Paprika
- Potato

**Fruits**

---

- Apple & Pear
- Berry Mix (Blackberry, Raspberry & Strawberry)
- Citrus Mix (Grapefruit, Orange, Lemon & Lime)
- Melon Mix (Watermelon, Honeydew & Cantaloupe)
- Olive
- Tomato

**Nuts**

---

- Nut Mix (Almond, Brazil, Cashew & Hazelnut)

**Spices/Herbs**

---

- Herb Mix (Coriander, Cumin, Dill & Parsley)
- Mint Mix (Mint, Sage, Basil & Thyme)
- Spice Mix (Chilli Pepper, Garlic & Ginger)

**Others**

---

- Cocoa Bean
- Coffee
- Egg White
- Egg Yolk
- Hops
- Sunflower Seed
- Tea
- Yeast (Brewers & Bakers)

